



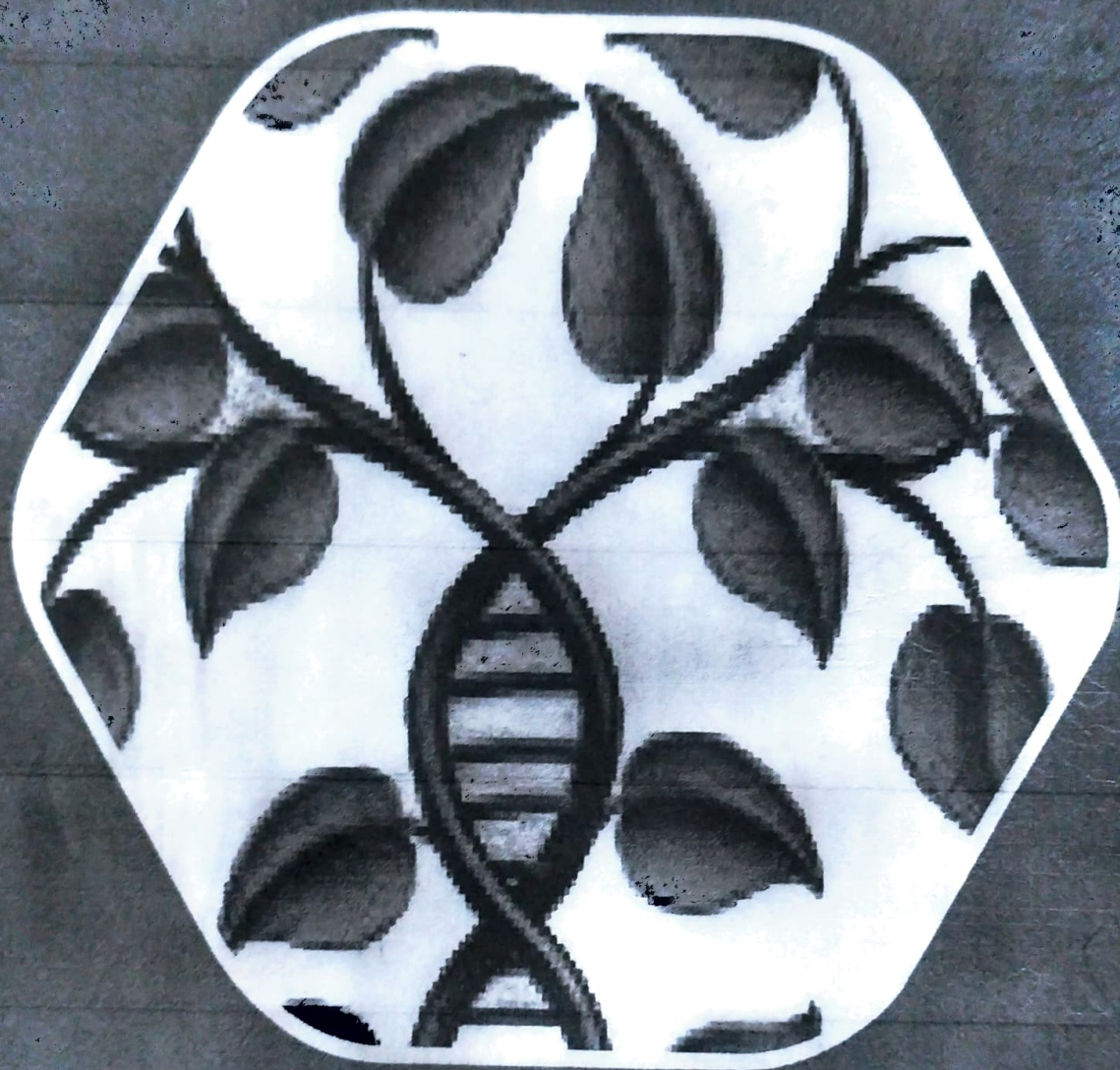
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Survey of Medicinal Plants Among the Rural People of Bharatpur District Rajasthan used in Skin Disease

*Ajeet Sharma and Payal Soan

Dept of Botany

St. Wilfred college for Girls, Mansarovar, Jaipur 302020

Author Mail Id :- dr.aksbotany001@gmail.com

Plants have been used both in the prevention and cure of various diseases of humans with the advent of human civilization many systems of therapy have been developed primarily based on plants. Ayurveda, Homeopathy, Siddha, and Unani etc. are our traditional systems of medicines. The traditional uses of medicinal systems are providing clues to new areas of research, hence its importance is now well recognised. However information on the basis of indigenous plants for medicine is not well documented from many rural areas of Rajasthan including Bharatpur district. The study aimed to look into the diversity of plant resources that are used by local people for curing various elements.

Present paper is based on effects of some medicinal plants for the cure of skin diseases. The survey is based on medicinal plants used by people of rural area in Bharatpur district for remedy of skin diseases. Plant species of angiosperms were enlisted on the basis of their botanical name, local names, family name and uses of their parts.

Keywords : Ethno medicinal plants, Naturopathy, Therapeutic agents, Bharatpur district .

INTRODUCTION

Medicinal plants from the basis of traditional or indigenous system of health used by the majority of the population of most developing countries (Bodeker, 2002). In the rural areas of Bharatpur, plants are the major source of local medicine for their wellbeing. Information of folk medicinal plants has recently become of renewed interest in search for new therapeutic agents. In the rural areas of Bharatpur plants are the source of local medicines for their wellbeing.

Ethno botanical exploration plays a vital role in beginning the information about such plant species from our species rich flora that can be source of safer and cheaper medicinal drugs for the benefit of mankind. In country like India, according to reasonable estimate 70% inhabit still really on traditional medicines (Singh and Gautam, 1997). Ethnobotanical studies of different areas of Rajasthan state has been carried out by many workers of this field (Singh and Pandey 1980, 1983, Joshi 1988, 1995, Mishra and Kumar 2000, Trivedi, Choudhary et al., 2008).

In recent years, there has been a tremendous range of interest in the medicinal plants, especially those used in Ayurveda and other traditional systems of medicines. Our

dependence on herbal medicines further increases when it comes to light that synthetic drugs produce side effects. Drugs obtained from plants are believed to be much safer and exhibit a remarkable efficiency in the treatment of various ailments (Siddiqui et al., 1995).

Time to time men through his awareness and personal acquaintance prepared miraculous formulae of therapeutic herbal extracts against skin disease (Singh et al., 2001, Nair and Chandra, 2006). Ethnobotanical studies of different areas of Rajasthan states have been carried out by many workers of this field (Singh and Pandey, 1980, 1983, Joshi, 1993, 1995, Mishra and Kumar, 2000, Trevedi and Nargas, 2000, Trevedi, 2002, Chaudhry et al., 2008, Jain et al., 2009, Hada and Katwa, 2015, Agrawal, 2017, and Maheshwari and Sharma, 2019).

Bharatpur is the western district of Rajasthan and represents a part of great plants of India. Though many reports have been appeared on medicinal plants of various regions of India and their ethno botanical importance has been established. This part remains neglected in this respect. Therefore, we have conducted a survey of medicinal plants used against skin diseases by various people of Bharatpur especially living in rural areas of this district.

MATERIAL AND METHODS

The Field trips for collection and documentation of ethnomedicinal plants from different place of Bharatpur district we made during in the period of 2019-20. The collected plants information on traditionally used medicine plants, their parts used was gathered from people of rural areas of Bharatpur district. The information regarding traditional uses of plants was collected by means of personal interviews of rural people man and women, Bhopas, Ojhas and Ayurvedacaryas as they posses inherited knowledge regarding the plants of ethnomedicinal importance mainly, the information were collected for skin diseases. The plants were collected were identified (Satyavati *et. al.*, 1976, Chopra *et. al.*, 1982, Nandkarni, 1991, Paranjpe, 1999). Species are arranged alphabetically along with their botanical names, local names, families name, and plant part used (Table 1).

RESULTS AND DISCUSSION

During the survey 34 plants species were recognized which have the therapeutic values for various skin diseases. Out of these *Azadiracta indica* L., *Allium cepa* L. are used commonly.

Herbal remedies play a fundamental role in traditional medicines all over the world. The plant are often used as the therapeutic agents as antiseptic, anti-inflammatory and in treatment of infectious diseases including candidiasis and dermatophytes (Bonjar *et. al.*, 2004, Shahidi, 2004).

As the awareness regarding the problems associated with over prescription and misuses of drugs has increased people are becoming increasingly repetitive to uses of antimicrobial derived from natural recourses. Many plants have been studied for their medicinal and anti-microbial properties (Branter and Grein, 1994, Marinez *et. al.*, 1996, Satyaviti, 2001, Arora *et. al.* 2005). So they are forced to adapt the naturopathy which gives the ultimate results. Their growing interest in bio resources in the form of herbal formulation is a part of a movement towards the change in their life style. On the other hand, population living in villages is still associated with the traditional system of medicines. Of course, The knowledge of medicinal plants of restricted only to a few persons, hence, it is imperative and causes of concern, especially, to the scientist of the young generation not only collect, indentify and gather information on these plants, but also to isolate the active principles so that these plants can be properly used as a routing resource in the modern system of medicines.

CONCLUSION

In the present study total 33 plants species belonging to 24 families have been enumerated. These plants are being used by various rural people of Bharatpur districts. These plants are commonly used in skin diseases.

The aim of present study is to evaluate the medicinal use of local plants to provide safety and efficiency information for people who cannot effect allopathic prescription alternatives encourage the presentation to of culture traditional, conservation and sustainable utilization of plants wealth occurring in this sanctuary.

The survey indicates that the flora of Bharatpur district is rich in medicinal plants. The area is an important area of plant wealth for healthcare in Rajasthan. These medicinal plants have been used by local people, tribal communities and native doctors such as Ojhas, Bhopas, Bhagat and experts of Ayurvedic field science long time in herbal medicines.

The present information on the ethnomedicinal plants will help in developing idea for the cultivation of traditional medicine and economic welfare of rural population. Hence these medicinal plants have great potential to be used in drug and pharmaceutical industries.

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Plant	Local name	Family name	Used part/Inplant
<i>Albizia lebbek</i> Wild	Bebul	Mimosaceae	Leaves and pods
<i>Albizia aspera</i> L.	Laljoia	Amantanthaceae	Roots
<i>Albizia</i>	Pyaz	Liliaceae	Stem
<i>Albizia</i>	Ghi-Gwar	Liliaceae	Leaves
<i>Albizia</i>	Sharita	Annonaceae	Seeds
<i>Albizia</i>	Jangali chaulai	Amantanthaceae	Leaves
<i>Albizia</i>	Mungphali	Fabaceae	Seeds
<i>Albizia</i>	Neem	Meliaceae	Leaves and bark
<i>Albizia</i>	Rikka	Brassicaceae	Seeds and leaves
<i>Albizia</i>	Kachnaar	Caesalpiaceae	Leaves and flower
<i>Albizia</i>	Chakunda	Caesalpiaceae	Seeds, root and leaves
<i>Albizia</i>	Amaltas	Caesalpiaceae	Seeds
<i>Albizia</i>	Amarbel	Cuscutaceae	Climber stem
<i>Albizia</i>	Nimbu	Rutaceae	Fruit
<i>Albizia</i>	Haldi	Zingiberaceae	Fruit
<i>Albizia</i>	Lemon gress	Poaceae	Leaves
<i>Albizia</i>	Dhattura	Solanaceae	Seeds
<i>Albizia</i>	Sem	Fabaceae	Leaves
<i>Albizia</i>	Amala	Euphorbiaceae	Fruit
<i>Albizia</i>	Duddhi	Euphorbiaceae	Whole plant
<i>Albizia</i>	Gudhal	Malvaceae	Leaves
<i>Albizia</i>	Mendhi	Lythraceae	Leaves
<i>Albizia</i>	Alsi	Linaceae	Seeds
<i>Albizia</i>	Pudeena	Lamiaceae	Leaves
<i>Albizia</i>	Kaner	Apocynaceae	leaves
<i>Albizia</i>	Tulsi	Lamiaceae	Leaves
<i>Albizia</i>	Anar	Punicaceae	Leaves
<i>Albizia</i>	Baktuchi	Fabaceae	Leaves, root and seeds.
<i>Albizia</i>	Til	Pedaliaceae	Seed
<i>Albizia</i>	Makoi	Solanaceae	Whole plant
<i>Albizia</i>	Alwain	Umbelliferae	Fruit
<i>Albizia</i>	Menthri	Fabaceae	Seeds
<i>Albizia</i>	Ber	Rhamnaceae	Seeds

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Plant	Local name	Family name	Used part in plant
<i>Millettia pterocarpa</i> (V) Willd	Babul	Mimosaceae	Leaves and pods
<i>Amaranthus aspera</i> L.	Latjia	Amaranthaceae	Roots
<i>Allium cepa</i> L.	Piyaz	Liliaceae	Bulb
<i>Albizia julibrissin</i> Burman	Ghi-Gwar	Liliaceae	Leaves
<i>Annona squamosa</i> L.	Sharita	Annonaceae	Seeds
<i>Amaranthus spinosus</i> L.	Jangali chaulai	Amaranthaceae	Leaves
<i>Lotus hypogaeal</i> L.	Mungphali	Fabaceae	Seeds
<i>Melastoma indicum</i> L.	Neem	Meliaceae	Leaves and bark
<i>Brassica juncea</i> L.	Rijka	Brassicaceae	Seeds and leaves
<i>Caesalpinia variegata</i> L.	Kachnaar	Caesalpiaceae	Leaves and flower
<i>Caesalpinia tora</i> L.	Chakunda	Caesalpiaceae	Seeds, root and leaves
<i>Caesalpinia fasciata</i> L.	Amaltas	Caesalpiaceae	Seeds
<i>Cuscuta reflexa</i> Roxb.	Amarbel	Cuscutaceae	Climber steem
<i>Rutaceae (L.) Burm.f</i>	Nimbu	Rutaceae	Fruit
<i>Zingiberaceae (L.)</i>	Haldi	Zingiberaceae	Fruit
<i>Pogon nardus</i> Rendle	Lemon gress	Poaceae	Leaves
<i>Solanum meli</i> L.	Dhattura	Solanaceae	Seeds
<i>Fabaceae (L.) Sweet.</i>	Sem	Fabaceae	Leaves
<i>Euphorbia officinalis</i> Gaertn	Amala	Euphorbiaceae	Fruit
<i>Euphorbia hirta</i> L.	Duddhi	Euphorbiaceae	Whole plant
<i>Malva rosea sinensis</i> L.	Gudhal	Malvaceae	Leaves
<i>Mentha inermis</i> L.	Mendhi	Lythraceae	Leaves
<i>Linum usitatissimum</i> L.	Alsi	Linaceae	Seeds
<i>Laminaceae (L.)</i>	Pudeena	Laminaceae	Leaves
<i>Apocynaceae (L.) Mill</i>	Kaner	Apocynaceae	leaves
<i>Laminaceae (L.)</i>	Tulsi	Laminaceae	Leaves
<i>Punicaceae (L.)</i>	Anar	Punicaceae	Leaves
<i>Fabaceae (L.)</i>	Bakuchi	Fabaceae	Leaves, root and seeds.
<i>Pedaliaceae (L.)</i>	Til	Pedaliaceae	Seed
<i>Solanaceae (L.)</i>	Makoi	Solanaceae	Whole plant
<i>Umbelliferae (L.)</i>	Ajwain	Umbelliferae	Fruit
<i>Fabaceae (L.)</i>	Menthi	Fabaceae	Seeds
<i>Rhamnaceae (L.)</i>	Ber	Rhamnaceae	Seeds

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